

PACKING & CLOTHING LIST

1. *Southern California is warm, but nights can be cool. Winter months are chilly at times (40-50 degrees) and summer months in Redlands are hot (90-110 degrees.)*
2. *Please do NOT bring any ragged, worn, torn or "image" clothing (including beer/tobacco/gang or rap slogans, suggestive language or obscene graphics, etc.)*
3. *You will share a room with a roommate, thus space will be limited. **Please limit items to two large duffle bags/suitcases or 1 large footlocker size.***
4. *Benchmark will supply new bedding (pillow/sheets/comforter & mattress liner); 1 set of bath towels and 1 clothes hamper. Students may bring 1 extra set of sheets (std. twin); 1 extra blanket and 1 extra pillow and may bring foam mattress topper.*

PLEASE PROVIDE APPROXIMATELY TWO WEEKS SUPPLY OF CLOTHING

BUSINESS CASUAL ATTIRE - Required attire Monday - Friday at the Education & Life Skills Center

- Men: 4-5 outfits business outfits; (dress slacks, long sleeve button-down dress shirts, polo-style collar shirts, 4 ties, dress socks) 1 pair dress shoes
- Women: 4-5 business outfits; (dress/skirts/slacks/blouse*), dress shoes (flat or low-mid heel is best) *No cleavage or short skirts allowed! Tops must cover shoulders, chest & belly. Skirts can be no shorter than 2" above the knees.

CASUAL ATTIRE - Allowed weeknights as well as on weekends, Friday - Sunday

- jeans/shorts/pants
- casual shirts (long & short sleeve, such as t-shirts, etc.)
- work-out clothes/sweat suit
- pajamas
- swim suit
- jackets (1 light and 1 heavy)
- underwear
- sweaters
- socks/stockings
- robe
- beach towel
- athletic shoes/loafers/flip-flops/sandals, etc. (1 each is ample)
- gloves (winter)

Required Supplies

- Alarm clock (can have iPod player/charger built-in)
- Watch (nothing expensive or fancy)
- Back pack for school
- Hangers (1 dozen plastic)
- toiletries - 1 full size each (i.e., shampoo/conditioner/styling product/shaving cream & razor/electric razor/make-up/hair-drier/flat-iron, etc.)
- Laptop computer (for school/classwork)

Optional / Allowable Supplies

- iPod/music player/Stereo (*Small table top player/charger with earphones; iPod Nano or Classic/MP3 Player, music options only*)
- Extra set of sheets/towels/blanket/mattress pad (*Benchmark supplies 1 new set of sheets/pillow/towels/comforter*)
- Photos from home - in frames for top of dresser or bed side table/pin-up photos on bulletin board
- Sleeping bag / hiking boots (*wilderness equipment OK*)
- Cell Phone/iTouch/iPhone/Kindle/Nook/iPad/Tablet (*allowed after 1st 30 days with approval*)
- Cigarettes allowed upon move-in, 2 packs only to start, will be allowed to purchase them with student allowance
- E-Cigarettes are allowed; ok to bring 1 week's supply of e-cig liquid

Prohibited Items

- Drugs or alcohol-related clothing, posters, body piercing (*pierced ears are OK*)
- Drugs or alcohol and any related paraphernalia
- Weapons of any kind
- Weapons of any kind
- NO music with violent/suggestive/obscene theme or lyrics
- Clients should not have access to own money or bring cash/debit card/gift cards, etc.
- Clients show not bring anything of value, either sentimental or financial, no single item valued over \$150.